

# Restaurant Foods Nutrition Facts

<b>Coffee Shop - Hot Coffee</b>	Serving Size	Calories	Total Fat (g)	Total Fat (%DV)	Saturated Fat (g)	Saturated Fat (%DV)	Trans Fat (g)	Cholesterol (mg)	Cholesterol (%DV)	Sodium (mg)	Sodium (%DV)	Total Carbohydrates (g)	Total Carbohydrates (%DV)	Dietary Fiber (g)	Dietary Fiber (%DV)	Sugar (g)	Added Sugar (g)	Added Sugar (%DV)	Protein (g)	Vitamin D (%DV)	Calcium (%DV)	Iron (%DV)	Potassium (%DV)
<b>Coffee</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>Hot or Iced Coffee</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Hot or Iced Coffee	8 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Lattes/Macchiatos</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>Latte</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	8 oz	70	3	4	2	10	0	10	3	50	2	5	2	0	0	5	0	0	3	6	10	0	2
<b>Iced Latte</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	8 oz	35	1.5	2	1	5	0	5	2	25	1	3	1	0	0	3	0	0	2	6	4	0	2
<b>Macchiato</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	8 oz	50	2.5	3	1.5	8	0	10	3	40	2	4	1	0	0	4	0	0	3	4	8	0	2
<b>Iced Macchiato</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	8 oz	35	1.5	2	1	5	0	5	2	25	1	3	1	0	0	3	0	0	2	2	4	0	2
<b>Mochas</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>Mocha</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	8 oz	150	4.5	6	3	15	0	5	2	180	8	24	9	1	4	18	14	28	4	4	8	4	6
<b>Iced Mocha</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	8 oz	110	3	4	2	10	0	0	0	150	7	21	8	1	4	15	14	28	2	2	4	4	6

Have questions or comments? Call Wegmans Consumer Care Center:  
 1-800-WEGMANS (934-6267)  
 Monday - Friday 8 AM – 7 PM ET  
 Saturday & Sunday 8 AM – 5 PM ET

<b>Coffee Shop - Hot Coffee</b>	Serving Size	Calories	Total Fat (g)	Total Fat (%DV)	Saturated Fat (g)	Saturated Fat (%DV)	Trans Fat (g)	Cholesterol (mg)	Cholesterol (%DV)	Sodium (mg)	Sodium (%DV)	Total Carbohydrates (g)	Total Carbohydrates (%DV)	Dietary Fiber (g)	Dietary Fiber (%DV)	Sugar (g)	Added Sugar (g)	Added Sugar (%DV)	Protein (g)	Vitamin D (%DV)	Calcium (%DV)	Iron (%DV)	Potassium (%DV)
<b>Hot Chocolate</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>Regular Hot Chocolate</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	8 oz	150	3.5	4	2.5	13	0	10	3	80	3	23	8	1	4	22	16	32	3	6	10	0	4
<b>Cappuccino</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>Cappuccino</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	8 oz	45	2	3	1.5	8	0	5	2	35	2	3	1	0	0	3	0	0	2	4	6	0	2
<b>Iced Cappuccino</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	8 oz	25	1.5	2	1	5	0	5	2	20	1	2	1	0	0	2	0	0	1	2	4	0	2
<b>Milk Options</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk - INCLUDED IN RECIPES	7 oz (in 12 oz drink)	130	6	8	4	20	0	20	7	95	4	10	4	0	0	10	0	0	6	10	15	0	6
Fat Free/Skim Milk	7 oz (in 12 oz drink)	-60	-6	-8	-4	-20	0	-15	-5	0	0	0	0	0	0	0	0	0	1	0	5	0	0
Almondmilk (Unsweetened Original)	7 oz (in 12 oz drink)	-105	-4	-5	-4	-20	-	-20	-7	+30	+1	-9	-4	-	-	-10	-	-	-5	+10	+15	+6	-4
Oatmilk	7 oz (in 12 oz drink)	-30	-3	-4	-4	-20	-	-20	-7	-5	-	+6	+2	+2	+7	-4	+6	+12	-4	+5	+10	-	+2
Soymilk (Original)	7 oz (in 12 oz drink)	-60	-4	-5	-3	-15	-	-20	-7	-15	-1	-3	-1	+2	+7	-5	+4	+8	-	+15	+5	+6	-2

