Restaurant Foods Nutrition Facts

LARGE CROISSANTS	Serving Size (g)	Calories	Total Fat (g)	Total Fat (%DV)	Saturated Fat (g)	Saturated Fat (%DV)	Trans Fat (g)	Cholesterol (mg)	Cholesterol (%DV)	Sodium (mg)	Sodium (%DV)	Total Carbohydrates (g)	Total Carbohydrates (%DV)	Dietary Fiber (g)	Dietary Fiber (%DV)	Sugar (g)	Added Sugar (g)	Added Sugar (%DV)	Protein (g)	Vitamin D (%DV)	Calcium (%DV)	Iron (%DV)	Potassium (%DV)
Celebration Ham & Havarti	1 Each (155g)	480	35	45	15	75	0	105	35	870	38	24	9	1	4	4	3	6	16	20	15	10	6
Crunchy Shrimp	1 Each (202g)	430	25	32	9	45	0	195	65	1680	73	29	11	2	7	8	6	12	22	20	8	15	8
Kobe Beef	1 Each (139g)	420	27	35	11	55	0	90	30	1560	68	26	9	2	7	4	3	6	16	20	4	10	2
San Daniele Prosciutto	1 Each (154g)	520	37	47	14	70	0	105	35	1390	60	25	9	2	7	5	3	6	21	20	10	10	4
Smoked Salmon	1 Each (135g)	410	30	38	10	50	0	70	23	790	34	25	9	1	4	5	3	6	11	20	2	6	2
Tarragon Chicken Salad	1 Each (170g)	500	34	44	10	50	0	110	37	1930	84	28	10	2	7	5	4	8	20	20	4	10	4

Have questions or comments? Call Wegmans Consumer Care Center:
1-800-WEGMANS (934-6267)
Monday - Friday 8 AM – 7 PM ET
Saturday & Sunday 8 AM – 5 PM ET

Service Sandwiches **Stores may not carry all sandwiches**	Serving Size (g)	Calories	Total Fat (g)	Total Fat (%DV)	Saturated Fat (g)	Saturated Fat (%DV)	Trans Fat (g)	Cholesterol (mg)	Cholesterol (%DV)	Sodium (mg)	Sodium (%DV)	Total Carbohydrates (g)	Total Carbohydrates (%DV)	Dietary Fiber (g)	Dietary Fiber (%DV)	Sugar (g)	Added Sugar (g)	Added Sugar (%DV)	Protein (g)	Vitamin D (%DV)	Calcium (%DV)	Iron (%DV)	Potassium (%DV)
Sandwiches	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Chicken Shawarma Flatbread	1 Each (343g)	690	30	38	5	25	0	90	30	2690	117	66	24	4	14	9	3	6	37	0	10	30	10
Grilled Celebration Ham & Gruyere Sandwich - Whole	1 Each (456g)	1340	83	106	41	205	1	220	73	2510	109	90	33	9	32	2	1	2	56	6	60	20	15
Grilled Celebration Ham & Gruyere Sandwich - Half	1 Each (228g)	670	42	54	20	100	1	110	37	1250	54	45	16	4	14	1	0	0	28	0	30	10	8
Grilled Cuban Style Sandwich - Whole	1 Each (376g)	900	55	71	29	145	0	190	63	2120	92	56	20	2	7	2	0	0	49	0	50	10	8
Grilled Cuban Style Sandwich - Half	1 Each (188g)	450	27	35	15	75	0	95	32	1060	46	28	10	1	4	1	0	0	25	0	25	6	4
Grilled Margherita Sandwich - Whole	1 Each (339g)	1010	67	86	33	165	0	170	57	1740	76	61	22	4	14	4	0	0	39	0	60	15	10
Grilled Margherita Sandwich - Half	1 Each (167g)	510	34	44	16	80	0	85	28	870	38	31	11	2	7	2	0	0	20	0	30	6	6
Grilled Rueben Sandwich - Whole	1 Each (404g)	1040	63	81	29	145	1	200	67	2620	114	60	22	6	21	5	3	6	48	0	50	15	6
Grilled Spicy Turkey & Spinach Sandwich - Whole	1 Each (361)	970	59	76	29	145	0	195	65	2190	95	56	20	2	7	4	2	4	46	0	35	15	10
Grilled Spicy Turkey & Spinach Half Sandwich	1 Each (181g)	490	30	38	14	70	0	100	33	1100	48	28	10	1	4	2	1	2	23	0	15	6	6
Grilled Tuna Melt - Whole	1 Each (344g)	960	61	78	28	140	1	185	62	900	39	53	19	3	11	3	0	0	50	15	45	15	10
Grilled Tuna Melt - Half	1 Each (172g)	480	31	40	14	70	5	90	30	450	20	26	9	1	4	2	0	0	25	10	25	10	6
Kobe Beef on Baguette with Au Jus - Whole	1 Each (510g)	900	42	54	14	70	0	180	60	4670	203	57	21	2	7	2	1	2	56	0	4	40	10
Kobe Beef on Baguette with Au Jus - Half	1 Each (298g)	460	21	27	7	35	0	90	30	2430	106	29	11	1	4	1	1	2	29	0	2	20	6
Pastrami Sandwich - Whole	1 Each (340g)	1210	63	81	15	75	0	240	80	3140	137	56	20	4	14	0	0	0	45	0	2	30	4
Pastrami Sandwich - Half	1 Each (170g)	600	32	41	7	35	0	120	40	1570	68	28	10	2	7	0	0	0	23	0	2	15	2

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Regional Sandwiches	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Chicken Gyro	1 Each (413g)	800	38	49	9	45	0	105	35	2770	120	73	27	3	11	9	3	6	44	2	25	25	10
Grilled Cape Cod Rueben Sandwich (Astor) - Whole	1 Each (531g)	1460	101	129	36	180	1	215	72	1990	87	89	32	6	21	14	11	22	55	6	60	20	20
Grilled Rueben Pastrami Sandwich - Whole	1 Each (461g)	1690	119	153	42	210	1	310	103	2940	128	72	26	6	21	14	11	22	53	0	50	20	8
Pastrami Sandwich (Astor) - Whole	1 Each (342g)	1210	64	82	15	75	0	240	80	3110	135	57	21	5	18	1	1	2	47	0	4	30	6
Pastrami Sandwich (Astor) - Half	1 Each (171g)	610	32	41	8	40	0	120	40	1550	67	29	11	3	11	1	0	0	23	0	2	15	2
Porcini Mushroom Crusted Prime Rib on Portuguese Roll w/Fries (Harrison) - Whole	1 Each (398g)	1190	79	101	22	110	3	135	45	3740	163	72	26	3	11	1	0	0	48	0	4	40	20
Porcini Mushroom Crusted Prime Rib on Ciabatta Roll w/Fries (Harrison) - Half	1 Each (306g)	930	58	74	14	70	2	65	22	2560	111	75	27	4	14	0	0	0	29	0	2	30	15