Restaurant Foods Nutrition Facts

Veggie Crust Pizza	Serving Size (g)	Calories	Total Fat (g)	Total Fat (%DV)	Saturated Fat (g)	Saturated Fat (%DV)	Trans Fat (g)	Cholesterol (mg)	Cholesterol (%DV)	Sodium (mg)	Sodium (%DV)	Total Carbohydrates (g)	Total Carbohydrates (%DV)	Dietary Fiber (g)	Dietary Fiber (%DV)	Sugar (g)	Added Sugar (g)	Added Sugar (%DV)	Protein (g)	Vitamin D (%DV)	Calcium (%DV)	Iron (%DV)	Potassium (%DV)
Signature Pizzas Veggie Crust (4 Slices per Pizza)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Buffalo Chicken	1 Slice (95g)	290	18	23	6	30	0	40	13	560	24	25	9	2	7	2	1	2	10	0	15	6	2
Cheese Pizza	1 Slice (82g)	220	11	14	4	20	0	20	7	380	17	25	9	3	11	1	1	2	8	0	10	6	4
Lasagna	1 Slice (100g)	240	13	17	4.5	23	0	25	8	470	20	26	9	3	11	2	1	2	9	0	15	6	4
Margherita	1 Slice (81g)	200	10	13	3.5	18	0	10	3	290	13	25	9	3	11	2	1	2	6	0	8	6	4
Meat Lover's	1 Slice (107g)	310	19	24	7	35	0	40	13	690	30	26	9	3	11	2	1	2	12	0	10	6	4
Mushroom, Spinach & Artichoke (Non-Dairy Mozzarella)	1 Slice (106g)	220	11	14	6	30	0	0	0	440	19	30	11	3	11	2	1	2	4	0	2	6	6
Mushrooms & Truffle	1 Slice (85g)	220	13	17	3.5	18	0	10	3	270	12	24	9	3	11	1	1	2	6	0	8	6	4
Pepperoni	1 Slice (90g)	260	15	19	5	25	0	30	10	500	22	25	9	3	11	2	1	2	9	0	10	6	4
Spicy Cup Pepperoni	1 Slice (89g)	250	14	18	5	25	0	25	8	490	21	25	9	3	11	2	1	2	9	0	10	6	4
Pesto, Tomato & Spinach	1 Slice (103g)	260	15	19	6	30	0	30	10	420	18	25	9	3	11	1	1	2	10	0	15	6	4
White Cheese & Roasted Garlic	1 Slice (96g)	280	16	21	7	35	0	35	12	460	20	26	9	2	7	1	1	2	11	0	20	6	4
Crust Calories Veggie Crust	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Crust Only	1 Each (171g)	540	19	24	2.5	13	0	0	0	620	27	92	33	9	32	3	2	4	10	0	6	10	10

Have questions or comments? Call Wegmans Consumer Care Center:
1-800-WEGMANS (934-6267)
Monday - Friday 8 AM – 7 PM ET
Saturday & Sunday 8 AM – 5 PM ET

"*" Nutrient not required per USDA Regulation.

Updated: 7/31/2025

Veggie Crust Pizza ***Toppings***	Serving Size (g)	Calories	Total Fat (g)	Total Fat (%DV)	Saturated Fat (g)	Saturated Fat (%DV)	Trans Fat (g)	Cholesterol (mg)	Cholesterol (%DV)	Sodium (mg)	Sodium (%DV)	Total Carbohydrates (g)	Total Carbohydrates (%DV)	Dietary Fiber (g)	Dietary Fiber (%DV)	Sugar (g)	Added Sugar (g)	Added Sugar (%DV)	Protein (g)	Vitamin D (%DV)	Calcium (%DV)	Iron (%DV)	Potassium (%DV)
Toppings Per Pizza Veggie Crust	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Sauces Veggie Crust	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Extra Virgin Olive Oil, Drizzle	3/4 tsp	30	3.5	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Extra Virgin Olive Oil, Sauce	3/4 tbsp	90	11	14	1.5	8	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Parmesan Cream Sauce	1.76 oz	60	5	6	2.5	13	0	15	5	260	11	3	1	0	0	2	0	0	2	6	4	0	2
Pesto Parmesan Sauce	1.73 oz	110	10	13	2.5	13	0	15	5	290	13	2	1	0	0	1	0	0	3	0	6	0	2
Pizza Sauce	2.26 oz	35	2	3	0	0	0	0	0	260	11	5	2	2	7	3	0	0	1	0	0	0	4
Truffle Parmesan Sauce	1.99 oz	160	16	21	3	15	0	10	3	150	7	2	1	1	4	2	0	0	2	0	2	0	0
Cheeses Veggie Crust	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Fontina Cheese	0.79 oz	90	7	9	4	20	0	20	7	150	7	1	0	0	0	0	0	0	5	0	15	0	0
Fontina Cheese (Extra Cheese)	1.32 oz	150	12	15	7	35	0	35	12	260	11	1	0	1	4	0	0	0	9	0	25	0	0
Cheddar Cheese	0.9 oz	100	8	10	4.5	23	0	25	8	160	7	2	1	0	0	0	0	0	5	0	15	0	0
Cheddar Cheese (Extra Cheese)	1.5 oz	170	14	18	8	40	0	40	13	270	12	3	1	0	0	0	0	0	9	0	20	0	0
Mozzarella, Fresh	1.74 oz	120	9	12	6	30	0	30	10	170	7	1	0	0	0	1	0	0	9	0	15	0	0
Mozzarella, Fresh (Extra Cheese)	2.61 oz	180	13	17	8	40	0	40	13	260	11	2	1	0	0	1	0	0	13	0	20	0	0
Mozzarella - Shredded	3.3 oz	300	23	29	13	65	0	85	28	630	27	3	1	0	0	0	0	0	20	0	40	0	2
Mozzarella - Shredded (Extra Cheese)	5.25 oz	500	39	50	22	110	0	140	47	1060	46	6	2	0	0	0	0	0	33	6	70	6	2
Mozzarella-Style, Dairy Free	3.15 oz	290	23	29	19	95	0	0	0	720	31	18	7	0	0	0	0	0	2	0	0	0	0
Mozzarella-Style, Dairy Free (Extra Cheese)	5.25 oz	480	38	49	32	160	0	0	0	1200	52	30	11	0	0	0	0	0	3	0	0	0	2
Ricotta Cheese	1.65 oz	70	4	5	2.5	13	0	15	5	45	2	3	1	0	0	2	0	0	5	0	10	0	2
Ricotta Cheese (Extra Cheese)	2.75 oz	110	7	9	4.5	23	0	25	8	75	3	5	2	0	0	4	0	0	8	0	20	0	2

Veggie Crust Pizza ***Toppings***	Serving Size (g)	Calories	Total Fat (g)	Total Fat (%DV)	Saturated Fat (g)	Saturated Fat (%DV)	Trans Fat (g)	Cholesterol (mg)	Cholesterol (%DV)	Sodium (mg)	Sodium (%DV)	Total Carbohydrates (g)	Total Carbohydrates (%DV)	Dietary Fiber (g)	Dietary Fiber (%DV)	Sugar (g)	Added Sugar (g)	Added Sugar (%DV)	Protein (g)	Vitamin D (%DV)	Calcium (%DV)	Iron (%DV)	Potassium (%DV)
Grated Parmesan	0.41 oz	45	3.5	4	2.5	13	0	10	3	220	10	0	0	0	0	0	0	0	5	0	10	0	0
Grated Parmesan (Extra Cheese)	0.69 oz	80	6	8	4	20	0	20	7	370	16	0	0	0	0	0	0	0	8	0	15	0	0
Proteins Veggie Crust	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Anchovies	0.79 oz	50	3	4	0	0	0	20	7	1430	62	0	0	0	0	0	0	0	6	0	4	0	0
Bacon, Hardwood Smoked	0.86 oz	100	8	10	3	15	0	25	8	480	21	1	0	0	0	0	0	0	7	0	0	0	2
Buffalo Chicken Mix	1.13 oz	40	2	3	1	5	0	20	7	280	12	0	0	0	0	0	0	0	5	0	0	0	0
Chicken	1.05 oz	35	0.5	1	0	0	0	20	7	130	6	1	0	0	0	0	0	0	6	*	0	0	*
Ham	0.94 oz	25	1	1	0	0	0	15	5	300	13	0	0	0	0	0	0	0	4	*	0	0	*
Italian Sausage	0.98 oz	90	8	10	2	10	0	20	7	280	12	1	0	0	0	0	0	0	4	0	0	0	0
Meatballs	2 oz	160	12	15	5	25	0.5	30	10	360	16	6	2	2	7	0	0	0	8	0	2	6	4
Pepperoni	1.04 oz	150	14	18	4.5	23	0	25	8	490	21	1	0	0	0	1	-	-	6	*	0	0	*
Spicy Cup Pepperoni	0.95 oz	130	11	14	4	20	0	25	8	440	19	1	0	0	0	1	*	*	6	*	2	6	*
Veggies Veggie Crust	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Artichokes	1.13 oz	5	0	0	0	0	0	0	0	120	5	1	0	1	4	0	0	0	0	0	0	0	0
Basil	0.003 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Broccoli	0.9 oz	5	0	0	0	0	0	0	0	5	0	1	0	1	4	0	0	0	1	0	0	0	2
Garlic Cloves, Roasted	0.45 oz	25	0	0	0	0	0	0	0	25	1	4	1	0	0	0	0	0	1	0	2	0	2
Jalapeno Rings	0.83 oz	0	0	0	0	0	0	0	0	260	11	0	0	0	0	0	0	0	0	0	0	0	0
Mushrooms, Roasted	1.2 oz	15	1.5	2	0	0	0	0	0	0	0	1	0	0	0	1	0	0	1	0	0	0	2
Olives, Black	0.86 oz	40	5	6	0	0	0	0	0	190	8	1	0	0	0	0	0	0	0	0	2	10	0
Onion, White	0.79 oz	10	0	0	0	0	0	0	0	0	0	2	1	0	0	1	0	0	0	0	0	0	0

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Peppers, Green	0.68 oz	5	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0
Peppers, Hot Banana	0.86 oz	5	0	0	0	0	0	0	0	240	10	1	0	1	4	0	0	0	0	0	2	0	0
Pineapple	1.28 oz	20	0	0	0	0	0	0	0	0	0	5	2	0	0	4	0	0	0	0	0	0	2
Spinach, Steamed	1.13 oz	10	0	0	0	0	0	0	0	25	1	1	0	1	4	0	0	0	1	0	2	6	4
Tomatoes, Tri Color	1.01 oz	5	0	0	0	0	0	0	0	0	0	1	0	0	0	1	0	0	0	0	0	0	2