Bakery Nutrition Facts

Petite Pastries	Serving Size (g)	Calories	Total Fat (g)	Total Fat (%DV)	Saturated Fat (g)	Saturated Fat (%DV)	Trans Fat (g)	Cholesterol (mg)	Cholesterol (%DV)	Sodium (mg)	Sodium (%DV)	Total Carbohydrates (g)	Total Carbohydrates (%DV)	Dietary Fiber (g)	Dietary Fiber (%DV)	Sugar (g)	Added Sugar (g)	Added Sugar (%DV)	Protein (g)	Vitamin D (%DV)	Calcium (%DV)	Iron (%DV)	Potassium (%DV)
Fruit Filled Danish	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Fruit Filled Apple Danish	1 each (113g)	320	7	9	4	20	0	25	8	310	13	59	21	2	7	25	24	48	7	0	2	10	2
Fruit Filled Blueberry Danish	1 each (113g)	320	7	9	4	20	0	25	8	300	13	57	21	2	7	24	24	48	7	0	0	10	2
Fruit Filled Cherry Danish	1 each (113g)	320	7	9	4	20	0	25	8	300	13	57	21	2	7	25	24	48	7	0	0	10	2
Fruit Filled Coconut Danish	1 each (113g)	330	9	12	6	30	0	25	8	330	14	56	20	2	7	22	22	44	7	0	0	10	2
Fruit Filled Lemon Danish	1 each (113g)	320	7	9	4	20	0	25	8	310	13	57	21	2	7	24	24	48	7	0	0	10	0
Fruit Filled Raspberry Danish	1 each (113g)	350	7	9	4	20	0	25	8	300	13	65	24	2	7	32	32	64	7	0	2	10	2
Variety Danish	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Large Cheese Danish	1 each (69g)	270	18	23	10	50	0	70	23	160	7	24	9	0	0	9	8	16	5	0	2	6	2
Croissants	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Almond Croissant	1 each (87g)	320	17	22	6	30	0	30	10	160	7	38	14	3	11	18	17	34	7	0	4	6	2
Chocolate Croissant	1 each (85g)	320	16	21	10	50	0	45	15	210	9	40	15	2	7	16	11	22	6	20	0	10	0
Large Plain Croissant	1 each (55g)	210	12	15	7	35	0	45	15	180	8	23	8	1	4	4	3	6	4	20	2	6	0
Pastry Hearts	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Drizzled Pastry Heart	1 each (87g)	390	17	22	11	55	0	45	15	210	9	53	19	0	0	27	27	54	4	0	0	10	2
Iced Pastry Heart	1 each (108g)	460	17	22	11	55	0	45	15	210	9	70	25	0	0	43	43	86	4	0	0	10	2
Plain Pastry Heart	1 each (73g)	340	17	22	11	55	0	45	15	210	9	42	15	0	0	16	16	32	4	0	0	10	2